

IMAGING HIGHLIGHT

Cerebral Nocardiosis: a diagnostic challenge

¹Stella Pak MD, ¹Adelina Martin BS, ²Rudoff Estess DO, ¹Tamer Abdelhak MD

¹Neurology Department, Albany Medical Center, Albany, New York; ²Adult Primary Care Department, Kaiser Permanente Facility, Redwood City, California, USA.

Nocardia is a gram-positive, filamentous bacterium, capable of producing a plethora of organ pathologies, including the central nervous system. Cerebral nocardiosis is considered a rare entity, accounting for less than 2 % of brain abscesses.¹ Overall mortality has decreased from 60% to 37% over the last decades.² A continuous diagnostic challenge has been the mimicry between abscesses and other CNS pathologies, such as neoplasm, post-surgical scarring, or radiation-related inflammation. Herein, we report a patient who suffered multiple brain abscess infested by filamentous *Nocardia*. A 62-year old woman with lung adenocarcinoma stage IV, underwent a surgical resection and radiation therapy for a brain metastasis in the right cerebellar hemisphere. On the 3-month follow-up MRI, a new thin, irregular enhancement on the peripheral rim of the post-surgical cavity was noted. At the time, it was

uncertain if this represented post-surgical change, residual neoplasm, radiation reaction, or infection. One-year after the brain mass resection, the patient presented to the hospital with new-onset expressive aphasia and focal weakness in the left lower extremity. Repeat MRI showed 3 new ring-enhancing lesions within the left cerebellum, left temporo-parietal junction, and left para-median superior parietal lobe (Figure 1). There was persistent irregular enhancement within the right cerebellum, now extending to the right middle cerebellar peduncle. Aspiration biopsy revealed a large amount of *Nocardia farcinica*, which was resistant to ceftriaxone, imipenem, clarithromycin, tobramycin, doxycycline, and minocycline. The patient was started on trimethoprim-sulfamethoxazole 400 mg three times/day, but despite continued antibiotic treatment, she became bacteremic. This was complicated by acute toxic

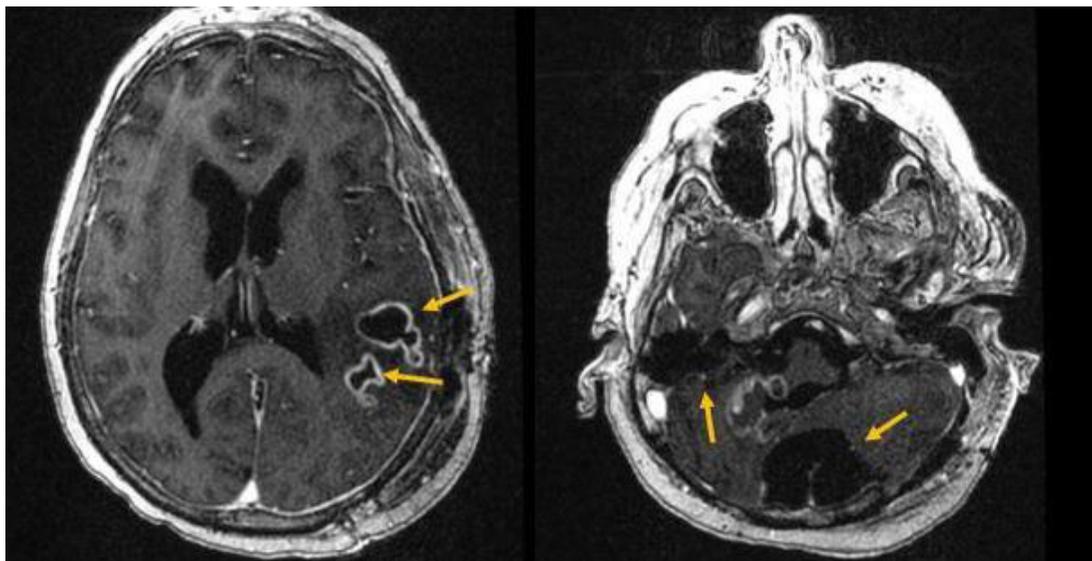


Figure 1. Ring enhancing cerebral lesions (arrows) are demonstrated within the left cerebellum, left temporo-parietal junction, left para-median superior parietal lobe, and right cerebellum on T-1 weighted magnetic resonance imaging of the brain, taken 15-months after brain mass resection.

Address correspondence to: Dr Stella Pak MD, Neurology Department, Albany Medical Center, 47 New Scotland Ave, Albany, NY 12208 USA. Tel: 518-262-5226, email: paks@amc.edu

Date of Submission: 9 December 2022; Date of Acceptance: 15 December 2022

<https://doi.org/10.54029/2023jpk>

metabolic encephalopathy, invasive pulmonary nocardiosis, and multiple skin abscesses. She eventually expired after 8 weeks of antibiotic treatment. This case illustrates the diagnostic challenges associated with cerebral nocardiosis in the setting of multiple co-morbidities.

DISCLOSURE

Financial support: None

Conflict of interest: None

REFERENCES

1. Kennedy KJ, Chung KH, Bowden FJ, *et al.* A cluster of nocardial brain abscesses. *Surg Neurol* 2007;68(1):43-9. doi: 10.1016/j.surneu.2006.08.067.
2. Mamelak AN, Obana WG, Flaherty JF, Rosenblum ML. Nocardial brain abscess: treatment strategies and factors influencing outcome. *Neurosurgery* 1994;35(4):622-31. doi: 10.1227/00006123-199410000-00007